

## **INFORMATION YOU NEED TO KNOW ABOUT YOUR SLEEP STUDY RESULTS**

- Your sleep study will be scored by sleep technicians from the hospital/sleep lab.
- The scoring of these tests takes approximately 2-3 weeks.
- After the test is scored, the scoring numbers are sent to your Pulmonologist to be interpreted. This process takes approximately 1 week.
- The Pulmonologist dictates a written report according to your test result numbers. This dictated report is returned to the office approximately 1 week later.
- Your follow up appointment should be approximately 6-8 weeks after the initial test to insure your doctor has both the test result numbers and the dictated report in your chart to review with you.
- Occasionally, the sleep lab will contact you while the scoring is being done, especially if your study is a second night sleep study. Please be aware that the physician's office does not have any information at that time about your test results. We must wait for the scoring to be complete and the report to be dictated to discuss any results with you.